



Learn to Bike!

NSMS Community Connections, in partnership with HUB Cycling, invites you to this two-session program.

- Gain basic bike skills and confidence cycling in the city
- Learn the rules on the road for riding
- Meet new people, socialize while practicing your English and have fun

There are 2 groups for 2-session classes:

Thursday Group: August 10th & 17th

Friday Group: August 11th & 18th

Beginners level 10:00 am – 12:00 pm

Intermediate level 1:00 pm – 3:00 pm

Space is limited - Register soon

For more information or to register contact:

Minori Ide minorii@nsms.ca 604.973.0457

This program is government funded and free of charge.



Highlights

- You must attend both days
- Wear comfortable clothing and shoes
- Bring water
- Bike and helmet will be provided free of charge
- Open to Permanent Residents, must be age 16 and above

Please arrive on time

Details

Spokes Bike Rentals

1798 West Georgia St
Vancouver

**2 Thursdays:
August 10 & 17**

Or

**2 Fridays:
August 11 & 18**

Beginners:

10:00 am – 12:00 pm

Intermediate and higher:

1:00 pm – 3:00 pm

Tel: 604.988.2931

Fax: 604.988.2960

Email: office@nsms.ca

www.nsms.ca

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