



PARENTING TEENS

How to Parent Your Teenage Children

The teenage years are some of the most challenging and significant years in a person's life.

Join us for this multi-session workshop to learn how you can better support and understand your child as he or she grows.

This 5-week (Mandarin) workshop will be held on Thursdays from 12:30 – 2:30 pm, starting on February 1 – March 1, 2018

Space is limited – Register early

To register please contact:

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This program is government funded and free of charge.



Highlights

In this 5-week workshop you will:

- Share experiences with other immigrant parents
- Understand challenges for immigrant youths
- Discuss family communication skills
- Learn about bullying in school / social media
- Discuss ways to be healthy parents raising healthy children

This program will be presented in Mandarin

Details

**North Shore
Multicultural Society**
207-123 East 15th Street
North Vancouver

**Thursdays (5 sessions)
February 1 – March 1
12:30 – 2:30 pm**

Tel: 604.988.2931

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www.nsms.ca

www.facebook.com/nsmsbc

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