



Immigrant Women's Health

Learn how to access the health care system and share with family

Schedule:

1. Feb. 23, 10:00-12:00: BC Health and Medical Care System
2. Mar. 2, 10:00-12:00: Whole Foods Store Tour
3. Mar. 9, 10:00 – 12:00: Healthy & Balanced Diet
4. Mar. 16, 10:00 – 12:00: Medical Terminology

To Register, contact Jin Park, jinp@nsms.ca
604-973-0455, 604-988-2931

This program is government funded and free of charge.



Details

- 4 Sessions, Fridays
- 8 hours of training on health related info. & activities
- For immigrant women, over 18 years, living on the North Shore
- PR, Citizen, Refugees

This program will be presented in English and Korean.

Location & Date

**North Shore
Multicultural Society**
207-123 East 15th Street,
North Vancouver

**Fridays,
February 23,
March 2, 9 & 16**

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