



# PARENTING TEENS

## How to Parent Your Teenage Children

The teenage years are some of the most challenging and significant years in a person's life.

Join us for this multi-session workshop to learn how you can better support and understand your child as he or she grows.

**This 8-week (Farsi) workshop will be held on Fridays, from 1:00 – 3:00 pm, starting on January 12 – March 2, 2018**

**Space is limited – Register early**

**To register please contact:**

Nazila Safari, [nazilas@nsms.ca](mailto:nazilas@nsms.ca), 604.988.2931

*This program is government funded and free of charge.*



## Highlights

**In this 8-week workshop you will:**

- Learn about different parenting styles
- Better understand teens and explore communication skills
- Gain information about the effects of drugs and alcohol
- Learn about teen's behaviour

*This program will be presented in Farsi*

## Details

**North Shore  
Multicultural Society**  
207-123 East 15<sup>th</sup> Street  
North Vancouver

**Fridays (8 sessions)  
January 12 – March 2  
1:00 – 3:00 pm**

Tel: 604.988.2931  
Fax: 604.988.2960  
Email: [office@nsms.ca](mailto:office@nsms.ca)  
[www.nsms.ca](http://www.nsms.ca)

[www.facebook.com/nsmsbc](http://www.facebook.com/nsmsbc)

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