



Delbrook Centre Tour & Easy Hike

Delbrook Rec. Centre is one of the community recreation centres in North Vancouver. Join the tour to learn about:

- Facilities, program and services available;
- How to register for fitness classes & membership;
- Take a short hike in Mosquito Creek after; and
- Meet new people and practice English

Space is limited - Register soon

For more information or to register contact:

Minori Ide minorii@nsms.ca 604.973.0457
Sochell Roman sochellr@nsms.ca 604.973.0453

This program is government funded and free of charge.



Highlights

- Meet in the lobby
- Open to Permanent Residents
- For the hike, wear comfortable shoes and bring water
- Children are welcome to attend with their parent/s
- Please arrive on time

Details

Delbrook Recreation Centre

851 West Queens Road
North Vancouver

Wednesday, April 18
10am-12pm

Tel: 604.988.2931
Fax: 604.988.2960
Email: office@nsms.ca
www.nsms.ca
www.facebook.com/nsmsbc

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