



## Let's Learn Together

We are inviting immigrant or refugee, Chinese or Farsi-speaking mothers, fathers and Grandparents who are caring for children under 5 years of age, to attend this free parenting program.

Come and learn together with your children about community resources that can support families and children through parent workshops and parent/child activities (songs, games, and free play).

Make new friends and share your experience raising children in Canada!

### For more information or to register contact:

Ting Ting Reuveny, [tingr@nsms.ca](mailto:tingr@nsms.ca), 604.988.2931  
Sara Tabatabaee [sarat@nsms.ca](mailto:sarat@nsms.ca) 604.988.2931

*This program is government funded and free of charge.*



## Highlights

- 8-week (Fridays) parenting program
- For immigrant or refugee, Chinese or Farsi speaking parents / grandparents
- Sessions will be presented in Farsi & Mandarin
- Snacks are provided

***Spaces are limited  
Register Early***

## Details

**John Braithwaite  
Community Centre**  
145 West 1st Street  
North Vancouver

**Fridays, 9:30-11:30 am**  
May 4, 11, 18, 25  
June 1, 8, 15, 22

Tel: 604.988.2931  
Fax: 604.988.2960  
Email: [office@nsms.ca](mailto:office@nsms.ca)  
[www.nsms.ca](http://www.nsms.ca)  
[www.facebook.com/nsmsbc](https://www.facebook.com/nsmsbc)