



Immigrant Women's Health Program

Learn how to access the health care system and share with your family

Participants will learn:

- ✓ Health and wellness information for women and the community
- ✓ Confidence and motivation to access health services
- ✓ Social network and support

Who can attend?

- ✓ Immigrant women who are over 18
- ✓ North Shore residents
- ✓ Women interested in the health care system, who can commit to attending all the training sessions and share what they learn with their families
- ✓ Permanent Residents, Canadian Citizens and Convention Refugees

To register contact

Nazila Safari, nazilas@nsms.ca, 604.988.2931

This program is government funded and free of charge.



Details

- 6 Fridays sessions
1:00 – 3:00 pm
- 12 hours of training on health related information
- For immigrant women, over 18 years, who are living on the North Shore
- PR, Canadian Citizen, Convention Refugees

This program will be presented in Farsi

Location

**North Shore
Multicultural Society**
207-123 East 15th Street
North Vancouver

Fridays
1:00-3:00 pm
June 1,8,15,22,29
July 6

Tel: 604.988.2931
Fax: 604.988.2960
Email: office@nsms.ca
www.nsms.ca
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